



## How to submit a quote request...

Welcome to S4 Benefits and thank you for the opportunity to provide you with a Premera Blue Cross small group medical quote. The following are the steps, forms and information needed to generate a quote.

### Step 1: Confirm company name, location and employee demographic information

Complete both the S4 *census* and *Customer Profile* which can be found by visiting the S4 website at [http://www.s4benefits.com/download\\_file/282/154/](http://www.s4benefits.com/download_file/282/154/) under the heading **Quote Request Forms**.

### Step 2: Provide completed material to S4 for quoting

Email all completed forms to the S4 Support Team at [S4support@rehnonline.com](mailto:S4support@rehnonline.com). The standard turnaround time for processing is one business day or less.

Please feel free to contact us with any questions you may have as you complete the quoting material. We can be reached at (509) 444-9595 or (800) 788-9155 as well as [S4support@rehnonline.com](mailto:S4support@rehnonline.com).

### Premera Wellness Program

\*Effective January 1, 2018,

**You** get ready-to-share tips that make it easy for you to promote wellness to your employees. Come back to the toolkit each quarter for new ideas to share.

**Your employees** can get rewarded with a free Fitbit when they complete the wellness program online health assessment within 3 months of your health plan start or renewal date. \*

*\*The Fitbit reward is only available to subscribers who are active on their plan on the plan's start date. Subscribers who enroll in their Premera Health plan after the start date are not eligible for the reward. Dependents are not eligible for the reward. The reward may be subject to tax withholding and reporting.*

The health assessment and health website are available when an employee signs in to their secure account at Premera.com and select Stay Healthy in the left Navigation bar and then the Wellness Tools.

**Members** must complete the online health assessment within the first 3 months of the plan's start date or renewal date to qualify for the wellness reward.

*\*Premera no longer offers a premium discount or incentive gift cards as a part of the Wellness Program effective January 01, 2018.*